

WORK EXPERIENCE

Work experience is seen as a key part of Transition Year in Sandymount Park. At 3 stages during the year students take responsibility and source their own work placements. The summer holiday after their Junior Certificate examinations is an ideal time for them to do this.



AIMS OF WORK EXPERIENCE

- To prepare students for adult and working life
- To develop an awareness of work and the workplace
- To develop their self-confidence and personality
- To increase their information about specific areas of work

ADVANTAGES OF WORK EXPERIENCE

- Offers insight to the daily tasks and responsibilities of an active work environment
- Helps develop and improve a student's personal, interpersonal and organizational skills
- Students can make contacts for future work, gain experience for use in their CV and acquire referees
- Provides experience of the typical working hours, levels of pressure and responsibilities of the position

WORK EXPERIENCE REFLECTION

After each work placement students are given the opportunity to reflect on their experience. Emphasis is placed on ensuring that students learn and grow through their experiences. Feedback is sought from their employer either verbally or in writing. The Transition Year Coordinator endeavours to contact all placements,

FLEXIBLE WORK EXPERIENCE

Students are supported in their efforts to apply for a specialised work experience programme outside of the set work experience dates. Students must research and apply for such courses and programmes themselves and must seek permission in advance. Some courses include Gardaí, Irish Defence Forces, Intel, Law Library, DSCPA, Hospital programmes, Early University programme in DCU, RCSI, Legal firms, St Patricks 'Walk in my shoes' programme as well as other courses and programmes may run on different dates throughout the year.