#### Unit 1

Unit	What I need to know/be able to do
1.1/1.2	Define what is meant by the scientific method
	Outline steps of the scientific method
	Define what is meant by a hypothesis and double-blind testing
	Outline principles of good experimentation
	List limitations of the scientific method
1.3	Outline the main chemical composition of carbohydrates, proteins & fats
	Name trace elements and salts found in foods
	Distinguish between monosaccharides, disaccharides and polysaccharides, giving examples of each
	Outline a structural and metabolic role of carbohydrates
	Distinguish between triglycerides and phospholipids
	Outline a structural and metabolic role of lipids/fats
	Distinguish between fibrous and globular proteins and give examples of each
	Outline a structural and metabolic role of proteins
	Distinguish between fat-soluble and water-soluble vitamins, giving an example of each and naming a deficiency associated with each
	Outline the steps involved in the tests for sugar, fats, protein and starch

1.4/1.5	efine the terms habitat, ecosystem, biosphere, niche and trophic level and predation
	Draw the diagram to represent the predator-prey cycle
	Name an adaptive feature of any predator you know that helps it catch prey
	Outline what you did in your field study. How did you collect fauna and identify them?
	What is the difference between a quantitative and qualitative study
	How did you make sure you used the quadrat randomly
	Were there any safety hazards you had to take into account?
	How did you present the results of your survey? Were there any possible sources of error?

#### Unit 2

2.1	Label the main parts of the microscope
	Calculate total magnification
	Outline the steps involved in examining plant and animals cells using the light microscope
	Identify and outline the functions of the main structures of plant and animals cells
	Distinguish between prokaryotic and eukaryotic cells
2.2	Distinguish between diffusion and osmosis

Outline osmosis in animal and plant cells (explain turgor, flaccid and plasmolyszed ) and know what diagrams look like.

Outline uses of osmosis

Recall steps of demonstrating osmosis experiment

Define what is meant by an enzyme and which food biomolecule group they belong to (proteins)

Distinguish between a substrate and product

Outline how enzymes work (induced-fit theory): active site, shape changing, enzymes specific to substrates, return to normal shape after products formed (diagram included)

Differentiate between anabolic and catabolic enzymes and give an example of an anabolic and catabolic reaction in humans

State factors that can affect enzyme activity

Outline what is meant by enzymes being specific

Outline what is meant by optimum activity and name enzymes that act best outside body temperature and pH of 7 (name an enzyme that works best at really high/low temperatures and pHs)

State what immobilized enzymes are

List advantages of using immobilized enzymes

Label a diagram of the structure of the leaf

Name the tissue type found on the lower and upper surface of the leaf

What structures are found within the mesophyll layer to allow for photosynthesis to occur?

Name the gases that diffuse in and out of the leaf What type of cells surround the stomata to allow it to open and close Where in the cell does photosynthesis take place? Outline the makeup of ATP and state what it stands for Why did we use an aquatic plant for the experiment? How did you measure the rate of photosynthesis? What did you change? What did you keep the same? What is water split into during photosynthesis? Outline the steps involved during the light and dark stage of photosynthesis Differentiate between pathway 1 and pathway 2 of electron transport? Why is one pathway referred to as being cyclical and the other isn't? How is ATP and NADPH formed in pathway 1 and 2 respectively? How is glucose formed in the dark stage? What is meant by respiration? Distinguish between anaerobic and aerobic respiration What happens during stage 1 (glycolysis) of respiration Outline what happens in stage 2 (kreb's cycle) of respiration

2.3	Define what is meant by the terms mitosis, meiosis, haploid and diploid
	Outline the events that take place in interphase, prophase, metaphase, anaphase and telophases associated with mitosis
	Outline functions of mitosis and meiosis
	State what cancer is. Outline causes of cancer
2.5	What does DNA stand for?
	Name the components of a nucleotide
	Name the 4 base pairs and what group (purine or pyrimidine) they belong to
	What type of bond holds DNA together?
	How do DNA and RNA differ?
	What is the difference between coding and non-coding (junk) DNA?
	What is meant by variation and species?
	What is heredity?
	Distinguish between DNA profiling and genetic screening
	Outline the stages involved in DNA profiling
	Outline the stages of DNA replication
	Outline uses of DNA profiling
	Define what is meant by evolution

Name the two scientists involved in the study of evolution initially

Outline evidence that exists to show support for the theory of evolution

Outline the stages of protein synthesis, making reference to initiation, transcription and translation and where in a cell each stage occurs

What does t, m and r stand for in tRNA, mRNA and rRNA. What does tRNA do?

Explain the term genetics

What base pairs are complementary to each other in DNA

What is meant by the following terms: Gene, allele, dominant, recessive, genotype, phenotype, homozygous, heterozygous and gene expression

What is meant by a sex-linked condition

Which scientist is known best for his work on genetics

State Medel's law of segregation and his law of independent assortment

Perform a monohybrid cross

Perform a monohybrid cross involving incomplete dominance

Perform a dihybrid cross

#### Unit 3

Unit	What I need to know/be able to do
3.1	Kingdoms of life:
	Name the 5 kingdoms, giving an example of an organism in each kingdom
	Monera:
	List the shapes in which bacteria are normally classified by
	Outline and draw the general structure of a bacterium giving a function for each named part
	Name the process by which bacteria replicate and outline the stages involved using a labelled diagram
	Describe how bacteria can survive in unfavourable conditions (endospore formation)
	List factors that can impact bacterial growth
	Distinguish between aerobic and anaerobic bacteria (obligate anaerobes and facultative anaerobes)
	Explain positives and negatives associated with bacteria
	Draw and label the stages of the bacterial growth curve, explaining what happens at each stage
	Name the part of the bacteria responsible for antibiotic resistance
	Outline how bacteria can become resistant to antibiotics

	Protista:
	Outline the general structure of protista (amoeba) giving a function for each named part
	Describe how amoeba regulate water so that they don't burst
	Draw and label structure of rhizopus
	Give functions of structures of rhizopus
	Distinguish between saprophytic and parasitic fungi
	Outline how rhizopus reproduces asexually and sexually
	Outline how yeast reproduces
	Give positive and negative impacts of fungi
3.2	Blood: Name the main blood cells.
	Describe the shape and function of each blood cell. For RBCs know the molecule that carries oxygen and why they only have short life-spans
	Name a deficiency associated with each blood cell
	Outline where blood cells are produced
	Name substances transported by the plasma
	Outline the blood groups and what is meant by the Rhesus factor
	Blood vessels: Name the main blood vessels
	Outline differences between arteries and veins

Heart: Draw and label a diagram of the heart

Outline how blood flows through the heart, mentioning the main chambers and using terms such as oxygenated and deoxygenated

Outline the positions of the SA and AV nodes and how they are responsible for regulating heartbeat

Distinguish between the system an pulmonary circuit

Outline what is meant by pulse and blood pressure

Explain how diet and exercise can have an impact on pulse and blood pressure

Outline a disease of the circulatory system

Lymphatic System:

Describe the structure of the lymphatic system

Be able to list AT LEAST 4 functions of the lymphatic system

Outline functions of the root and stem of a plant

Describe the different root types (fibrous and tap)

Draw a transverse and longitudinal section of a root outlining the positions of the dermal, vascular and ground tissue

Outline the roles of the zones of differentiation, elongation, cell production and protection

What is the meristem?

	Distinguish between herbaceous and woody stems
	Draw a transverse and longitudinal section of a stem outlining the positions of the dermal, vascular and ground tissue
	Outline functions of the main tissue types - ground, vascular and dermal
	Know what xylem (water and minerals) and phloem (food)transports
	Describe the structure of xylem and phloem
	Outline whether xylem and phloem are classified as living or dead cells
	Distinguish between monocots and dicots
	Outline the difference between monocots and dicots with particular emphasis placed on the arrangement of vascular bundles in stems
3.3	Describe how water is taken up by the plant
	With reference to the cohesion-tension model, transpiration and root pressure outline how water is moved through the plant
	Give an example of modified roots, stems and leaves
3.4	Outline the main structures of the human breathing system and give their functions
	Why do we need cartilage?
	Where exactly are the intercostal muscles located?
	Describe what happens to the main structures (lungs, diaphragm etc.) during inhalation and exhalation

What part of the brain controls our breathing (medulla oblongata)	
Define the term homeostasis	
Draw and label a diagram of the nephron	
Where in the nephron does filtration take place? Where does reabsorption take place?	
What features of the nephron aid homeosttsis?	
How does the nephron contribute to homeostasis? Refer to reabsorption of water and removal of waste	
Distinguish between central nervous system and peripheral nervous system	
Draw structure of a typical neuron, giving functions of the main components	
Name three types of neurons, giving roles of each. What is different about them in terms of their role and how their structure is slightly different	
Outline features of a nerve impulse (all or nothing law)	
Describe what happens at a synapse. Mention pre-synaptic and post-synaptic cleft, diffusion of neurotransmitters, enzymes etc.	
Distinguish between white and grey matter by mentioning what part of the neurons are in each type of matter	
Describe what happens as part of a reflex arc	
Name a disorder associated with the nervous system, how it can be caused and outline treatments available for it	
utline main structures of the eye, giving the function associated with each part (be able to identify them off a blank diagram)	
	What part of the brain controls our breathing (medulla oblongata)   Define the term homeostasis   Draw and label a diagram of the nephron   Where in the nephron does filtration take place? Where does reabsorption take place?   What features of the nephron aid homeosttsis?   How does the nephron contribute to homeostasis? Refer to reabsorption of water and removal of waste   Distinguish between central nervous system and peripheral nervous system   Draw structure of a typical neuron, giving functions of the main components   Name three types of neurons, giving roles of each. What is different about them in terms of their role and how their structure is slightly different   Outline features of a nerve impulse (all or nothing law)   Describe what happens at a synapse. Mention pre-synaptic and post-synaptic cleft, diffusion of neurotransmitters, enzymes etc.   Distinguish between white and grey matter by mentioning what part of the neurons are in each type of matter   Describe what happens as part of a reflex arc   Name a disorder associated with the nervous system, how it can be caused and outline treatments available for it   uter end associated with the nervous system, how it can be caused and outline treatments available for it

Describe the exact location of the aqueous humor. What is located in front of/ or between

Distinguish between rods and cones and the type of colour vision they are responsible for

Outline the difference between myopia and hypermetropia and how lenses can be used to rectify them

Outline components of the ear giving functions of each

State functions of the ear other than hearing

Distinguish between the outer, middle and inner ear

How can we protect ear health?

Distinguish between the axial and appendicular skeletons

Outline functions of the skeleton

Distinguish between compact and spongy bone

Outline the difference between red and yellow bone marrow

What name is given to the small bones within the backbone?

What is the function of cartilage? What biomolecule is it made of?

Describe the difference between the different types of joints and give an example of each (synovial, fixed and slightly movable)

Distinguish between ligaments and tendons

Outline a disorder of the musculoskeletal system giving a cause, prevention and treatment for it

	Draw a diagram of a virus
	Describe why viruses cannot be classified as living organisms
	How are viruses transmitted?
	What is a vaccine?
	Name viruses diseases
	How are viruses classified?
	Give an example of a beneficial use of viruses
	What is meant by the term 'obligate parasite'
	Distinguish between a stimulus and response
	Outline what a tropism and give 3 examples (phototropism, geotropism etc.)
	What is a growth regulator, growth promoter and growth inhibitor
	Outline the mechanism of action of auxin using a diagram
3.6	Draw and label features of both male and female reproductive systems
	List functions of each structure associated with both reproductive systems
	Define what is meant by secondary sexual characteristics. Give examples in both males and females

Name and give functions of the hormones associated with both the male and female reproductive systems Outline events that occur during the menstrual cycle giving approximate days for each event Account for the rise and fall of oestrogen, progesterone, FSH and LH during the menstrual cycle What is meant by IVF? What is meant by contraception. Name methods of contraception. Name the structures formed during the development of the embryo (morula, blastocyst) Name the germ layers found in the embryo (endoderm, mesoderm and ectoderm) and list features that are formed in each layer What happens during implantation? Where does it occur? What is the function of the placenta, amnion and amniotic fluid? Draw and label the structure of the flowering plant Outline what parts of the plant comprise the male part (stamen) and the female part (carpel) Name the sex cells involved in plant sexual reproduction (pollen grain and embryo sac) Describe how these sex cells are formed Outline methods of pollination What is meant by fertilisation and double fertilisation Outline seed formation

What is the difference between monocot and dicot seeds

Outline what happens during germination

What conditions are required for germination?

Outline methods of vegetative propagation